



# AQUALAC

SUMMER SEASON **2025**

Swimming pools • Wading pools •  
Trampolines • Splashpad • Aquapark

**GRAND  
LAC**  
COMMUNAUTÉ  
D'AGGLOMÉRATION

# PRACTICAL INFO

## OPENING TIMES



### APRIL 28<sup>TH</sup> > JUNE 27<sup>TH</sup> \*

DAYS	OUTSIDE POOLS	INSIDE POOLS
Monday, Tuesday, Thursday, Friday	9h > 19h	11h15 > 13h30 - 16h15 > 19h
Wednesday	9h > 21h	10h30 > 21h
Saturday	10h > 19h	12h > 19h
Sunday	10h > 19h	

**\*Wednesday, Saturday, Sunday and holidays :** toboggan, wading pools, trampolines 10h30 > 18h30  
**Closed on June 9<sup>th</sup> - open up to 16h on June 20<sup>th</sup>**

### JUNE 28<sup>TH</sup> > AUGUST 31<sup>TH</sup> \*

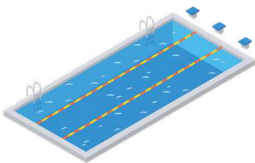
DAYS	OUTSIDE POOLS
Tous les jours y compris dimanches et jours fériés	10h00 > 19h00

**\*Every day :** toboggan, wading pools, trampolines 10h30 > 18h30  
**Inside pools closed during summer**

### FROM SEPTEMBER 1<sup>TH</sup> \*

DAYS	OUTSIDE POOLS	INSIDE POOLS
Monday, Tuesday, Thursday, Friday	9h > 19h	11h15 > 13h30 - 16h15 > 19h00
Wednesday	9h > 21h	10h30 > 21h00
Saturday	10h > 19h	12h00 > 17h00
Sunday	9h00 > 13h00	

**\*Wednesday, Saturday, Sunday and holidays :** toboggan, wading pools, trampolines 10h30 > 18h30  
**\*The exact date may depend on weather**



# PRICES

- 3 YO  
GRATUIT

## ENTRIES

	1 ENTRY VALID ONLY ON PURCHASE DAY	12 ENTRIES VALID 1 YEAR AFTER PURCHASE
Adult	5,50 €	55 €
Discounted*	4,50 €	45 €

## UNLIMITED PASS

- JUST FOR YOU - USE IT MULTIPLE TIMES A DAY IF YOU WISH -

	NEW! 1 WEEK	NEW! 1 MONTH	NEW! 3 MONTHS	6 MONTHS	1 YEAR
Adult	27,50 €	39 €	115 €	205 €	325 €
Discounted*	22,50 €	30 €	75 €	125 €	220 €

## HOURLY PASS

-VALID 1 YEAR AFTER PURCHASE DAY - FOR 1 PERSON - 35MIN CREDIT REQUIRED TO GET IN -

	10H	20H
Adult	44 €	60 €
Discounted*	34 €	50 €



Kids from 3 to 17, students, members of 'Atout Jeune', jobseekers, elders from 65, people with disabilities (you must provide a proof).  
If you benefit from one of our discounted rate, passes are just for you

# OTHER OFFERS

Individual beach cabin for the day : 3,50 €

Single beach cabin for the season : 40 €

Replacement of media in the event of loss, theft or damage : 4 €

# FOR ADULTS

11,50 € for 1 entry





115 € for 12 entries

5 € to hire a bike  
outside sessions

## ACTIVITIES

MAY 1<sup>TH</sup> > JUNE 30<sup>TH</sup> - FROM SEPTEMBER 1<sup>ST</sup>

	M	Tu	W	Th	F	Sa	Su
10h15 > 11h00							Aquamixte
11h15 > 12h00		Aquabike	Aquamixte		Aquafitness		
12h00 > 12h45						Aquafitness	
12h30 > 13h15	Aquafitness	Aquamixte	Aquabike	Aquabike	Aquamixte		
16h15 > 17h00	Pré mat'				Aquafitness		
18h15 > 19h00	Aquamixte	Aquafitness		Aquafitness	Aquabike		
19h00 > 19h45			Aquafitness				
20h00 > 20h45			Aquamixte				

-  **Aquafitness** is an active aquagym session that promotes muscle tone and cardio-respiratory work.
-  **Aquabike** improves cardiovascular performance and strengthens the back, abdominal muscles, legs and buttocks.
-  **Aquamixte** is a complete activity that works on cardiovascular resistance and muscle strengthening. It combines the benefits of Aquabike and Aquafitness.
-  **Prénat'** is an activity halfway between sport and relaxation. Prenatal aqua aerobics relieves the body of tension caused by pregnancy.

## BOOKING (MANDATORY FOR EACH SESSION)



HeitzFit\*

Center code : 4935

\*create an account at our  
reception desk

Call us


**04 79 61 48 80**


**45 MINUTES  
SESSION**


**JULY 1<sup>ST</sup> > SEPTEMBER 1<sup>ST</sup>**


	M	Tu	W	Th	F	Sa	Su
10h15 > 11h00			Aquabike			Longe Côte	Aquamixte
12h30 > 13h15	Mixte *	Aquamixte	Longe Côte	Mixte *	Aquabike		



 **Mixte grande profondeur\*** is based on the various aquaform activities (AquaJogging-AquaPalming-Aquafit). It tones all the muscles in the body while protecting the joints from any impact.

 **AquaPalming** combines the benefits of swimming and aquagym, boosts your cardio, and strengthens your legs, buttocks, calves and abdominal muscles. Equipment provided.

 **AquaJogging** is a cardiovascular activity that involves running in the water, wearing a buoyancy belt. It strengthens the abdominal muscles, deep trunk muscles, calves, thighs and buttocks.

 **Longe côte\*\*** is a walk in water, with the water level between the navel and the armpits. Strengthens muscles and the cardiovascular system without traumatizing joints.

\* In the 25-meter pool : you must know how to swim.

\*\* In the lake (plage d'Aix) : bring neoprene booties or light water shoes and a lycra t-shirt.

Please refer to Aqualac rules.

# FOR KIDS

## INTRODUCTORY SWIMMING COURSE

From age 5 - only for beginners - to book :

### 1 WEEK - 52 € :

- 17h15 > 18h00 : June 30<sup>th</sup> > July 4<sup>th</sup>

### 2 WEEKS - 90 € :

- 10h15 > 11h00 :  
8 July 8<sup>th</sup> > July 18<sup>th</sup>  
July 21<sup>th</sup> > August 1<sup>st</sup>  
August 4<sup>th</sup> > August 15<sup>th</sup>  
August 18<sup>th</sup> > August 29<sup>th</sup>



# SPLASHpad

3,10 €

WATER GAMES ON THE ROWING SIDE - FREE FOR -3YO

OPENING TIMES: 10h30 > 18h30\*

\* 31/05 > 6/07 - 1/09 > 7/09 : Wednesday, Saturday, Sunday  
07/07 > 31/08 : every day



**NEW!**

## PACK

Splashpad + pools

Adult: 7,10 €

Discounted rate\*:

6,10 €

## PASS

Splashpad + pools

Adult: 36 €

Discounted rate\*:

31 €

**\*DISCOUNTED  
RATES**

Kids from 3 to 17, students, members of 'Atout Jeune', jobseekers, elders from 65, people with disabilities (you must provide a proof).  
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GEYSER

NAUTICAL ACTIVITIES  
SUBJECT TO AUTHORISATION  
AND AGREEMENT

AQUAPARK

UNSUPERVISED  
SWIMMING  
ZONE

FOOTBALL

SUPERVISED  
SWIMMING  
ZONE

PONTON  
BRIDGE

AQUALAC

BEACH VOLLEY

SURVEILLANCE  
+ CHECKOUT

LAKE-SIDE  
ENTRY

SHOWERS

CABINS

TRAMPOLINE

SPLASHPAD  
ENTRY

PUBLIC BEACH

PRM  
ACCESS

CHECKOUT

RESTAURANT-SIDE  
ENTRY

ROWING  
CLUB

PLAYGROUND

SPLASHPAD

SHOWERS

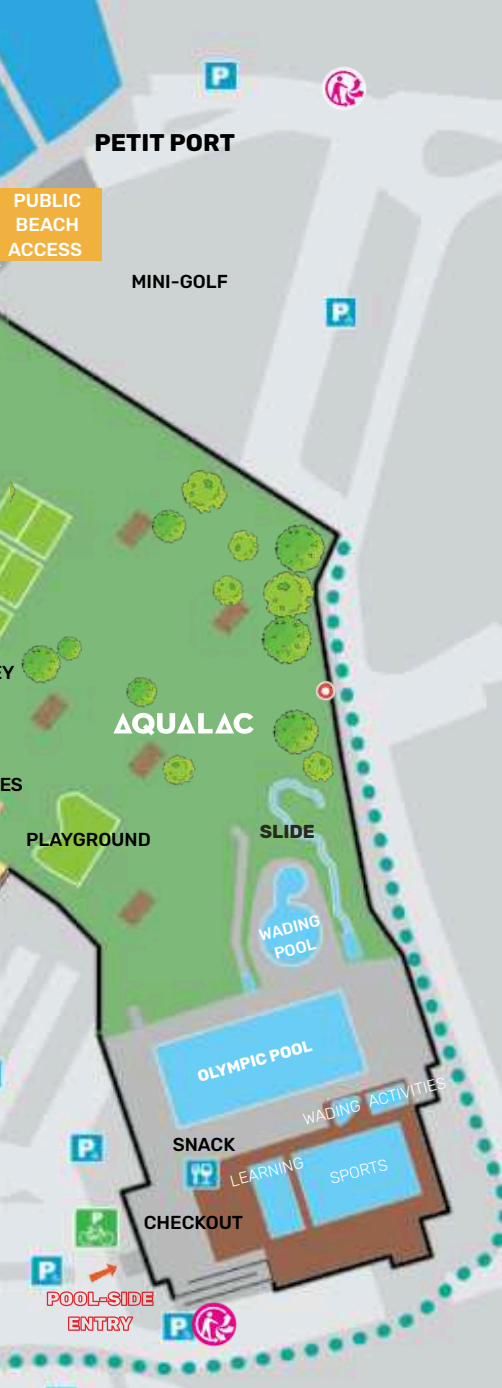
CABINS

AQUALAC

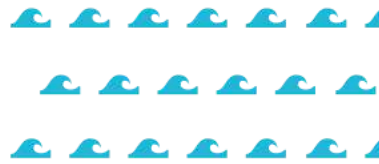
PUBLIC  
BEACH  
ACCESS

ROWING  
BEACH





I SORT MY WASTE	WASTE COLLECTION POINTS		P	CAR PARKS	●	FIRE BRIGADE ACCESS
	RECYCLABLE PACKAGING + HOUSEHOLD WASTE		P	FOOD & BEVERAGE	■	PICNIC TABLES
	RECYCLABLE PACKAGING + HOUSEHOLD WASTE + GLASS		P	LAWN	—	PUBLIC ZONE
			P	BEACH	—	OUR TERRITORY
			P	SUPERVISED	...	ECO-ITINERARY "PROMENADE DU LAC"
			P	UNSUPERVISED		



## HIGHLIGHTS



**Free lockers** (with code or wristband)



**Wifi** available in the hall



**Snack bar**



**Free access** to the Bourget lake

## BEST PRACTICES



No food allowed in the pool area (indoor and outdoor pools)



Shorts must not be worn on the pool side (circulation and pools)



Swimwear skirts must not be worn on the pool side (circulation and pools)



Lycra authorised up to 5 years or with medical authorisation



**No photo/video**



**Compulsory body and hair shower before entering the pools**



**I sort my rubbish and take it to the collection points**



In the event of a storm, the outdoor pool may be evacuated without refund.



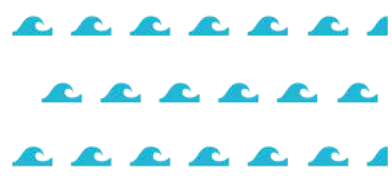
# ΔQUΔpark

JUNE 14<sup>TH</sup> > SEPTEMBER 7<sup>TH</sup>

inflatable structures on the Bourget lake



**GRAND  
LAC**  
COMMUNAUTÉ  
D'AGGLOMERATION



# OPENING TIMES

**JUNE 14<sup>TH</sup> > 29<sup>TH</sup>**

Wednesday, Saturday, Sunday : 12h > 18h

**JUNE 30<sup>TH</sup> > AUGUST 31<sup>TH</sup>**

Every day : 10h30 > 18h45

**SEPTEMBER 1<sup>ST</sup> > 7<sup>TH</sup>**

Wednesday, Saturday, Sunday : 12h > 18h

# PRICES

## AQUAPARK ACCESS (45MIN)

<b>Without pools access</b>	<b>10,70 €</b>
<b>Group without pools access</b> (from 12 people on reservation)	<b>9,70 €</b>
<b>Happy Hour</b> 10h30 > 12h	<b>8,70 €</b>

## AQUAPARK PACK: 1 AQUAPARK ACCESS + 1 AQUALAC ENTRY

<b>Adult</b>	<b>14,20 €</b>
<b>Discounted*</b>	<b>13,20 €</b>
<b>Group</b> (from 12 people on reservation)	<b>12,20 €</b>

## AQUAPARK PACK + SPLASHPAD

<b>Adult</b>	<b>16,50 €</b>
<b>Discounted*</b>	<b>15,50 €</b>
<b>Group</b> (from 12 people on reservation)	<b>14,50 €</b>

## PRIVATIZATION (45MIN, UPON RESERVATION)

<b>40 people max.</b>	<b>330 €</b>
<b>80 people max.</b>	<b>570 €</b>

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If you benefit from one of our discounted rate, passes are just for you.

Place Daniel Rops  
73100 Aix-les-Bains  
**04 79 61 48 80**  
[aqualac@grand-lac.fr](mailto:aqualac@grand-lac.fr)



In the event of a storm, the Aquapark may be evacuated without refund.



Aqualac.GrandLac



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73100 Aix-les-Bains  
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**More at :** [www.aqualac.fr](http://www.aqualac.fr)